



2019 OHIOHEALTH FOUNDATION FISCAL YEAR IN REVIEW

Gifts of Gratitude

Grateful Hearts Changing Lives

Thank@You



Karen J. Morrison
President, OhioHealth Foundation
Senior Vice President, OhioHealth

Dear Friends,

When it comes to gratitude, no gesture is too small. It can be as simple as a hug, a note, a phone call, a gift or just a thank-you.

The stories in this Fiscal Year in Review highlight how *your* gratitude is changing the lives of the people we serve at OhioHealth. Your generosity impacted four areas of concentration: Innovation and Technology, Research and Education, Community Outreach, and Infrastructure and Facilities. Ultimately, these pillars drive OhioHealth's goal of making healthcare *simple, accessible, and affordable*, and our mission to *improve the health of those we serve*.

Your grateful hearts raised more than \$20 million to support programs and services across the OhioHealth system, including:

- + A cardiac robotics system, the first of its kind in Ohio. (page 6)
- + More than \$316,000 in nursing scholarships. (page 9)
- + A patient navigator for opioids. (page 10)
- + A new Women's Health Center. (page 13)

And more ...

The OhioHealth Foundation appreciates you for believing in WE. Thank you for your partnership.

With immense gratitude,

Karen Morrison *Dana Casson*



Dana L. Casson, CFRE
System Vice President and Chief
Philanthropy Officer,
OhioHealth Foundation

Total raised in FY19 **\$20,868,956**



4,658
Individuals

4,964
OhioHealth Associates

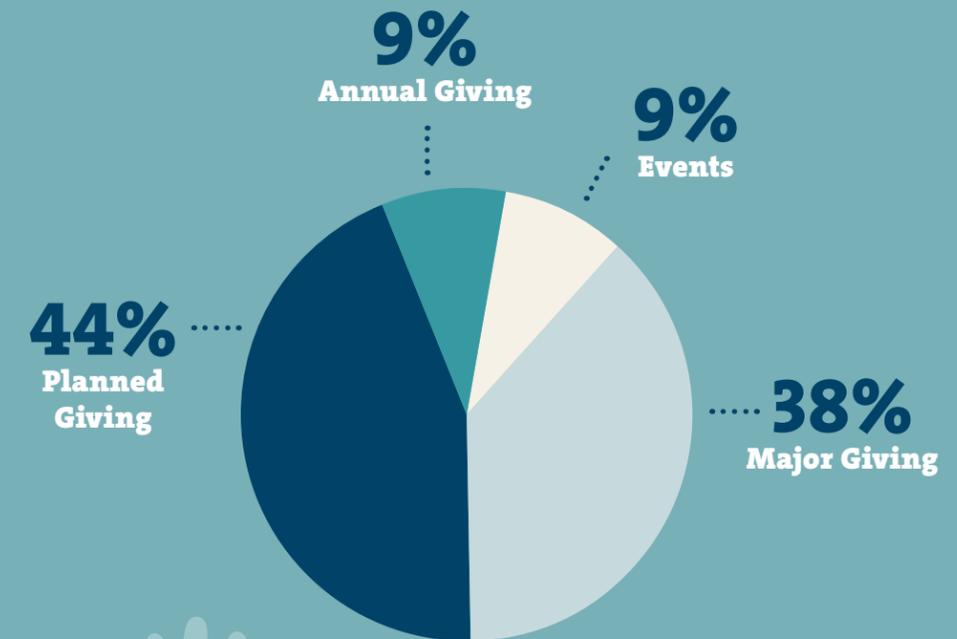
383
Corporations

227
Organizations

93
Foundations

Number of gifts: 78,781

How do you give?





\$9,272,623

Distributed across the system

We focus fundraising in four key areas to make meaningful and long-lasting improvements in the healthcare we provide in the communities we serve throughout Ohio.



INNOVATION AND TECHNOLOGY | PAGE 6

We support the discovery and use of new innovations, not only because they raise the bar for cutting-edge medicine, but because they reveal unexpected ways to better care for our patients — to find cures and new solutions and to improve our patients’ experiences in ways both big and small.



RESEARCH AND EDUCATION | PAGE 8

In healthcare, more than in any other field, there’s no such thing as knowing too much. We fund research and education so our healthcare professionals can continually gain new knowledge and share what they know with our teams and patients alike.



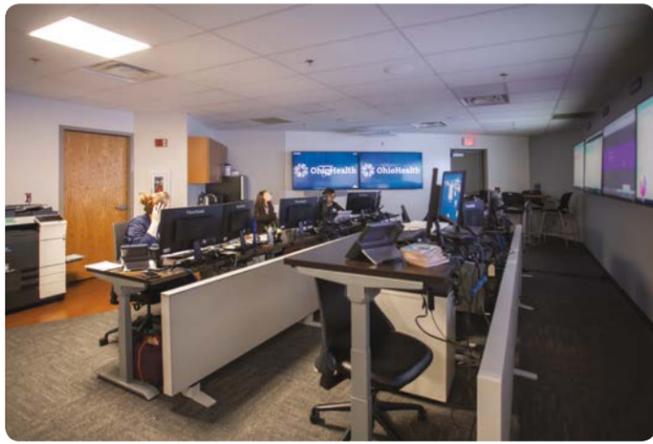
COMMUNITY OUTREACH | PAGE 10

We support outreach efforts, to carry our knowledge and expertise beyond our walls and into our communities. We look for meaningful ways to connect with the residents of Ohio and empower them to seek, find and maintain the care that will keep them healthy and allow them to thrive.



INFRASTRUCTURE AND FACILITIES | PAGE 12

We’re committed to keeping our buildings as up-to-date and efficient as what happens inside them. Because when our care sites are conducive to comfort and healing, our patients feel better faster, families are more at ease and our teams can focus on doing what they do best — caring for patients.



OhioHealth Grant Medical Center Greatest Needs Fund supports new Patient Flow Center

At the heart of downtown Columbus, OhioHealth Grant Medical Center is sure to be busy on any given day. The hospital is known for its Trauma department, but also receives plenty of foot traffic due to its location.

Grant's prominence in the community means it stays nearly full. Timely discharge is necessary so beds are always available to those who need care.

When associates began to notice patients not getting released in a timely manner, they decided Grant needed to be more innovative in managing patient turnover and discharge. They turned to the OhioHealth Foundation for support.

After researching several leading hospitals, Grant decided to pilot a concept where associates can see all areas of operation, instead of having silos for each department. They revamped a room with new technology so associates from different disciplines could work together in the same place. Think of it as a mission control room where Medical Staff, Nursing, Transportation, Care Management and Environmental Services all have representation and collaborate.

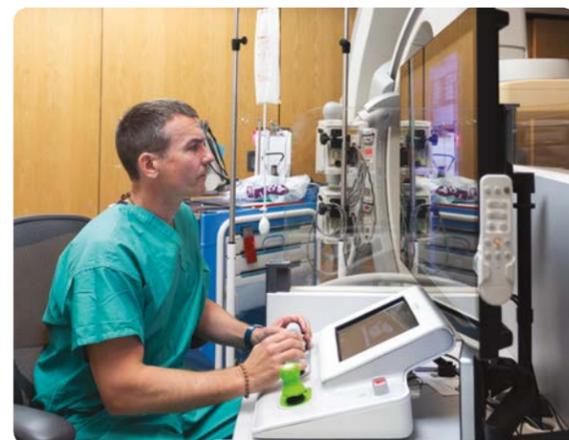
A little critical thinking and strategic partnership gave life to the new Safe Patient Flow Center at Grant, ensuring the right patients continue to get the right bed at the right time.

Donors gift \$350,000 to advance heart and vascular care

In fiscal year 2019, OhioHealth Riverside Methodist Hospital utilized \$350,000 in donations directed to the Heart and Vascular clinical program. These gifts helped purchase robotic cardiac intervention technology that allows our surgeons to precisely assess cardiac function within the heart, and open blocked arteries with stents using minimally invasive techniques that increase patient safety and reduce recovery length.

This cardiac robotics system is the first of its kind in Ohio, and among only a few in the Midwest.

Our donors continuously help our hospital system to be one of the most progressive in the region.



Community organization helps put patients back behind the wheel

OhioHealth has many programs to help patients improve mobility after accidents and neurological events. But operating a vehicle still poses a challenge for some patients, even after they have achieved their new normal. The independence that comes with being able to drive can significantly affect a person's quality of life. That's where the Driver Rehabilitation program at OhioHealth Grady Memorial Hospital steps in.

Diane Hawley, a patient of the program, had to have a below the knee amputation following failed surgeries. At 69 years old, she had always been an incredibly active person in her role as a nurse and mental health counselor. The Driver Rehabilitation program helped her get out of her house on her own.

The program, which requires a physician referral, specializes in helping patients try to return to driving through training and potential vehicle modifications specific to their condition. In fiscal year 2019, 104 patients enrolled in the program.

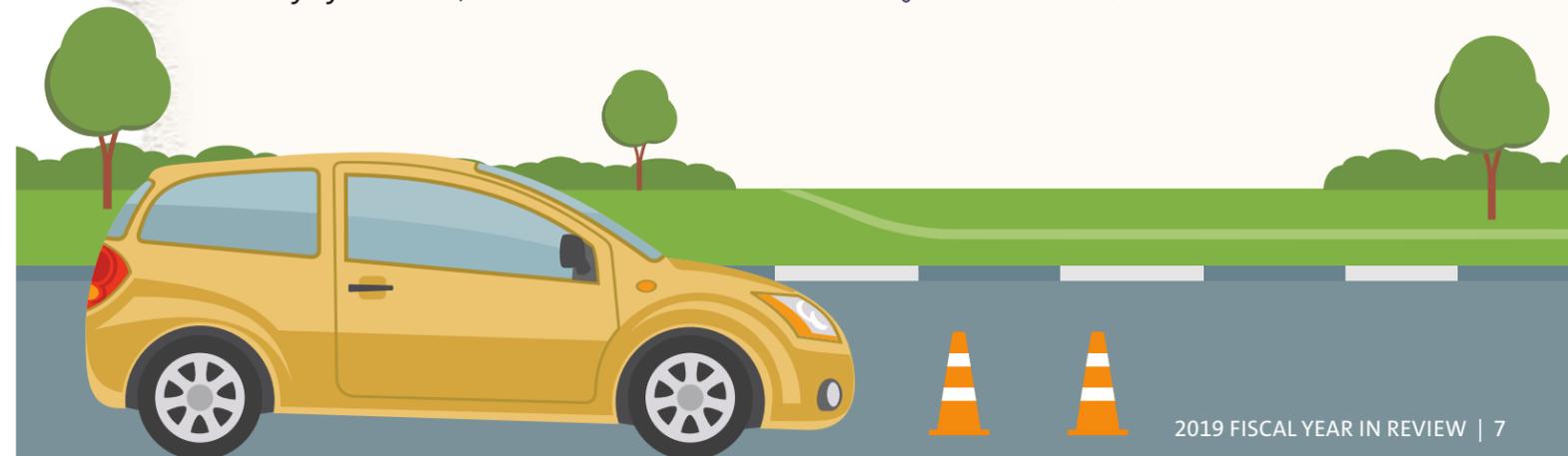
Grady Memorial's **Driver Rehabilitation program** is licensed by the Ohio Department of Public Safety. The program is operated by a nationally registered and state of Ohio licensed occupational therapist who holds a certified driving instructor's license and is a certified driving rehab specialist.

But unlike traditional occupational therapy services, the services provided by the Drive Rehabilitation program are not deemed medically necessary by Medicare, Medicaid and most

commercial insurance plans. This often places the burden to pay for the program solely on the patient or family.

SourcePoint, a community organization serving older adults in Delaware County, has awarded Grady Memorial generous grant dollars for many years to offer patient financial assistance for the program to Delaware county residents 55 or older at the time of their evaluation or training. We are very grateful for their support, which makes this program more accessible and affordable for our patients.

"The program has brought me out of a very dark, hopeless place. The more times I get myself to the car, in the car and then to a place I need to be, the more hope fills my heart. I still have to use crutches or a scooter to get to the car, but from there I can drive with confidence. Thank you!" – Diane S. Hawley



Doctors Hospital Orthopedic Resident Alumni Give Back

OhioHealth Doctors Hospital's Orthopedic Surgery Residency program has been training osteopathic residents since 1951. With more than 33 core attending physicians and additional surgeons available for elective rotations, residents are prepared for general orthopedic practice or competitive fellowships.

Last year, program director Tom Baker, DO, partnered with the OhioHealth Foundation to gain philanthropic support for the program from graduates. Many made gifts and included compelling expressions of gratitude.

"The longer I compare my training to my partners, the more I realize how good our training program was. Thank you!"
- C. Daniel Smith, 1986 graduate.

Generous donations to the Orthopedic Residency will fund educational program enhancements, including simulation laboratory training, conference expenses, collaboration meetings and participation in the American Academy of Orthopaedic Surgeons' annual meeting.

The Orthopedic Residency program is just one of Doctors Hospital's medical education programs.



With 10 residencies and three fellowship programs, Doctors Hospital leads OhioHealth as the premier osteopathic teaching institution. And in 2019, OhioHealth Doctors Hospital was named one of the nation's 100 Top Hospitals by IBM Watson Health. The hospital also has been recognized in the Major Teaching Hospital category eight times since 2010.

We are so proud of all our orthopedic resident alumni, and grateful for their support. Their generosity is paving the way for more orthopedic residents to become leaders in their field.

Third Annual OhioHealth Parkinson's Symposium

Parkinson's disease is a degenerative neurologic disorder that often starts in middle age and causes an increasing loss of muscle control, as well as tremors and rigidity. There is no cure.

But experts believe that regular exercise can help people manage their symptoms more effectively and enjoy a better quality of life. One of the country's leading voices in Parkinson's wellness is OhioHealth.

More than 300 people attended the third annual OhioHealth Parkinson's Symposium on May 4 at the Greater Columbus Convention Center. Attendees enjoyed sessions by Allison Toepperwein, an American Ninja Warrior athlete living with Parkinson's, mindfulness meditation,

and OhioHealth Delay the Disease, a life-changing exercise program designed to correct physical challenges resulting from Parkinson's disease.

We are grateful for the donors and sponsors who generously support this event.

"This was my first OhioHealth Parkinson's Symposium. It is such a wealth of information. I enjoyed that it wasn't completely structured around the patient, but also the caregivers. It was great to have verbal confirmation that someone is in your corner, too. Thank you!" -Participant

Nursing Excellence

Nurses at OhioHealth touch people's lives at life-changing and emotional moments, imparting their knowledge, dedication and compassion in all they do.

Our patients and families show their gratitude with thank-you notes, tribute gifts and acknowledgement through our Gifts of Gratitude program.

Several of our grateful patients and family members have also created nursing scholarships to help with the cost of continuing education and earning advanced degrees.

Cindy Feery's family did just that after she passed away in 2016.

The family, through many generous donations, created The Cynthia Ann Feery Memorial Scholarship, born out of the desire to keep Cindy's memory alive and to reflect her love for nursing. Cindy was an amazing OhioHealth Riverside Methodist nurse, technically sound and ethically led. But more important to her was the bedside manner she used in caring for patients and their families.

Making these opportunities available to our nurses helps ensure the highest quality of patient care for years to come.

In 2019, through your philanthropic support, the OhioHealth Foundation granted 266 scholarships totaling more than \$316,000, a record high.



"Participating in the scholarship ceremony in Columbus has helped us heal. Our family travels there together from New York, and it's a special time when we can remember and celebrate our precious Cindy. The nurses who receive the scholarships are carrying on nursing traditions in her honor."
- Cece Raine, Sister of Cindy Feery





Helping those with addiction navigate the path to treatment

OhioHealth O'Bleness Hospital, with support from the Athens County Foundation and Sisters Health Foundation, is piloting a Patient Navigator program to serve patients and community members addicted to opioids. The program was developed by a collaborative group of providers to address the urgent need for a holistic approach to caring for individuals impacted by the opioid epidemic.

"The Patient Navigation program will be a resource for those misusing or at risk of misusing opioids, for the family members of people with addiction, and for community members requesting assistance in navigating education, treatment and prevention resources. We're so grateful to the Athens County Foundation and Sisters Health Foundation for their support of this important service," says O'Bleness Hospital president Mark Seckinger.

Patient navigators advocate for patients and empower them and their families by connecting them with medical, social and educational resources to overcome barriers to treatment. They also serve a key role in prevention, by helping individuals experiencing chronic pain access adequate care.

Today, the pilot is dedicated to helping those with opioid addiction, but the patient navigator role will evolve as community needs change.

Women's Health for the underserved

All women of average risk over 40 should have an annual mammogram. This important screening tool can reveal nearly 90 percent of breast cancers as early as two years before a lump can be felt.

With donations from Meg's Mission for Mammograms and Susan G. Komen, we were able to provide cancer screenings to women who don't have insurance coverage and those who don't qualify for other federal or state programs.



In fiscal year 2019, we provided:

424
MAMMOGRAMS

259
DIAGNOSTIC EXAMS

Thanks to
Susan G. Komen.
Meg's Mission
for
Mammograms

OhioHealth Bereavement Services



The generosity of hundreds of supporters is making it possible for OhioHealth Hospice to provide the largest and most comprehensive grief program in central Ohio. Our services are designed to help people of all ages understand and cope with loss in a way that encourages personal healing and growth.

Programs include:

- + One-on-one counseling
- + Workshops about grief and loss
- + Expressive art therapy
- + Referral services

Grief support classes at OhioHealth Kobacker House:

- + Book Study: Dealing with Grief
- + How to Comfort and Support a Grieving Friend
- + Healing Drum Circle
- + Keeping Busy with Meaningful Activities

For information about hospice care at OhioHealth Kobacker House or bereavement services, call (614) 566.5377.



"I feel blessed to have had gracious and professional help from a caring team that helped me through this stressful year. I could not have done this alone." - Joan R.





Keeping cancer care close to home

Cancer does not discriminate. Whether as a patient or through loved ones and friends, cancer touches us all. The American Cancer Society estimates there will be 1,762,450 new cancer cases in the United States in 2019 alone. It takes commitment, perseverance and expert care to have the best chance of conquering this disease.

The team of oncology experts at OhioHealth Mansfield Hospital have treated cancer patients in Richland County and the surrounding communities for many years, and remain committed to providing exceptional care. The newly renovated Cancer Infusion Center in Mansfield Hospital helps them do just that.

Prior to the renovation, the center was at maximum capacity, seeing close to 60 patients each day. But your support made it possible to reconfigure the treatment areas to accommodate a growing number of patients, keeping patients close to their homes and their loved ones during a difficult time.

The renovated infusion center includes:

- + 15 private rooms for patients undergoing treatment.
- + A voice-activated nurse call system and auto-driven infusion pumps.
- + Space to accommodate up to 90 patients daily.
- + A waiting area for family and friends.

Renovating for residents

At OhioHealth, we believe educating the next generation of physicians is critical to achieving our mission of improving the health of those we serve. When our resident physicians have the right environment to work in and the tools they need, it accelerates their learning and shapes the way they will practice for years to come.

In fiscal year 2019, \$425,000 was raised for the relocation and renovation of the newly named Drs. Gregory and Rebecca Gibbons Medical Education Conference Center at OhioHealth Riverside Methodist Hospital. The new center benefits Riverside Methodist's 140 residents, as well as our rotating residents and medical students. It also enhances our ability to recruit new residents.



We are grateful for Drs. Gregory and Rebecca Gibbons who demonstrated their passion for education with a lead gift that paved the way for many other community members who helped make the renovation possible.

"I can't overstate the positive impact the Gibbons Conference Center has made. Residents, students, faculty and associates see the center as tangible evidence that their wellness and education are valued. It's truly making a difference for those learning to care for our loved ones." - Sara Sukalich, MD, Senior Director of Medical Education, OhioHealth

Building a new home for women's health

Every day at OhioHealth, we help women become mothers and watch families grow. But the birth of a healthy baby is made easier when you can access the prenatal care you need and have support in the months that follow.



Valentine partnered with the OhioHealth Foundation to raise funds for a space at Dublin Methodist dedicated to caring for pregnant women. Dublin Methodist board chair Bonnie Coley-Malir led a steering committee of community volunteers that allowed Valentine's vision to become reality when the 3,360-square-foot space opened on April 24. We are grateful to the Flesch family (pictured to the left) for their generous gift which inspired many other community members in supporting this important project.

OhioHealth Dublin Methodist Hospital has become a destination hospital for women to deliver their babies. More than 2,500 babies were born in our hospital last year and nearly 20,000 deliveries have been performed since our doors opened in 2008. The fast-paced growth in deliveries exceeded all expectations, and the hospital quickly reached maximum capacity for prenatal testing with limited space for outpatient lactation services.

Understanding the importance of prenatal care and lactation consultation, director of Women's Health at Dublin Methodist Sherrie Valentine envisioned a space where these services could be provided. She wanted every woman to feel she is supported as she transitions into the role of motherhood, even after she has left the hospital.

"The Women's Health Center helped realize a longtime vision and personal goal. As the maternity program grew, we lacked an outpatient center that could provide support services for our moms and babies before and after delivery. The center allows us to continue making a difference in the lives of our patients by providing care in a convenient location that is accessible and close to home." - Sherrie Valentine, MSN, BS, RNC



The new OhioHealth Dublin Methodist Hospital's Women's Health Outpatient Center offers outpatient services that include:

- + Lactation services
- + Prenatal testing
- + Maternal fetal medicine
- + Educational services and support groups

Remodeling the Behavioral Health care experience in Marion

Behavioral Health providers and associates at Marion General Hospital serve approximately 100 patients each year through a combined Partial Hospitalization (PH) or Intensive Outpatient program. Both programs help prevent inpatient hospitalization by providing intensive services not offered by patients' regular providers. Marion General is one of only 400 providers nationwide that delivers this type of care.

When the programs' providers and associates voiced that changes in the dated outpatient group room could enhance patient care, Marion General's Together WE Inspire Giving Council (TWIG) rose to the challenge. Through the council, \$21,500 was generously donated to purchase new furniture and update the entire space.

The room now has:

- + Brand-new laminate flooring, which reduces hazards.
- + Cabinetry for additional storage and reducing clutter.
- + Dimmable lighting, which can be used to lead more successful relaxation exercises with patients who have anxiety or post-traumatic stress disorder.
- + New windows with multifunctional blinds, so patients can view the outdoors and have privacy when needed.
- + Audio and visual equipment to show videos and present during group therapy sessions.

But this gift reaches far beyond aesthetics. It is helping improve patient care that will have a lasting impact on our patients' lives.

Welcome, Berger Hospital!



On April 1, OhioHealth welcomed OhioHealth Berger Hospital to our family, capping a decade-old relationship between OhioHealth and Berger Health System that brought additional services and specialty physicians to the Circleville community.

As a result of the acquisition, healthcare philanthropy for Berger Hospital will continue through the OhioHealth Foundation. The various community-initiative funds housed at the Berger Health Foundation will be transferred to the new Well Being Fund of Pickaway County.

"Berger has a strong nearly ninety-year history of serving the Circleville community and joining OhioHealth will only enhance that legacy," says OhioHealth Berger Hospital president Tim Colburn.

OhioHealth will invest \$46 million in Circleville over five years for new capital projects, assumption of outstanding debt, commitments for physician recruitment, and employee investments, including education, training, and the opportunity for Berger Hospital employees to retain their Public Employees Retirement System (OPERS) benefits.

We're excited to begin our new chapter together!



In October 2018, OhioHealth hosted Home in Ohio, our biannual signature event benefiting OhioHealth wellness programs and services.

We were inspired by the innovation of Orville and Wilbur Wright, two Ohio brothers who used what they learned building bicycles to pursue their dreams of flight. Like them, we are using what we do best — delivering exceptional care to people when they are sick — to engineer our big ideas for keeping people healthy.

The celebration of wellness, including a performance by Earth, Wind & Fire, was attended by more than 800 guests and sponsors, and raised \$1.2 million for wellness programs and services.

Looking forward to seeing you in October 2020.

For more information, visit OhioHealth.com/FoundationWellness

A Grateful Heart, Changing Lives

In 2008, Gifford Weary, PhD, a well-published psychologist and professor emeritus of Psychology at The Ohio State University, was nearly immobilized by back pain. With little hope for a pain-free life, she took a chance by reaching out to renowned neurosurgeon Janet Bay, MD, at the OhioHealth Riverside Methodist Hospital.



The spinal surgery Dr. Bay performed freed Dr. Weary from her debilitating pain, saving the quality of her life. As an expression of gratitude and a desire to ensure the same level of excellence for patients like her in the future, she began making gifts to OhioHealth Neuroscience.

With this deep and abiding history of philanthropic leadership at OhioHealth, Dr. Weary recently chose to renew her dedication to OhioHealth with an estate gift of \$5.9 million benefiting OhioHealth's neurological care. To date, her generosity in philanthropic gifts to OhioHealth surpasses \$10 million.

This transformative gift elevated her into The Legend Society, the highest giving society of the OhioHealth Foundation.

All great philanthropic partnerships begin with a unified vision, mission and values, coupled with a strong commitment from the organization and a community leader. OhioHealth is fortunate to share such a partnership with Dr. Weary.

What will your legacy be?

The legacy you choose to leave can magnify your passions and values, unite your generosity with your gratitude, and shape how you are remembered by those who follow you.

If you have retirement or investment accounts, or a life insurance policy you no longer need, then you have a great opportunity to leave your own, great legacy when you review and update your beneficiary designations. Please consider the OhioHealth Foundation as a whole, partial or contingent beneficiary of your accounts or policy. Your gift will enable us to provide extraordinary care to patients for generations to come.

To learn more about planned giving at OhioHealth, visit OhioHealthLegacy.org



TOTAL RAISED: **\$1,330,000**



(Increase from \$1.27M in FY18, 5% increase)

3,600 = total number of associates giving to the **OHIOHEALTH FOUNDATION**

total number of associates giving to **UNITED WAY = 750**

{ 266 } United Way agencies/
community organizations
supported

{ 145 } OhioHealth Foundation
funds supported

OhioHealth Cancer Care

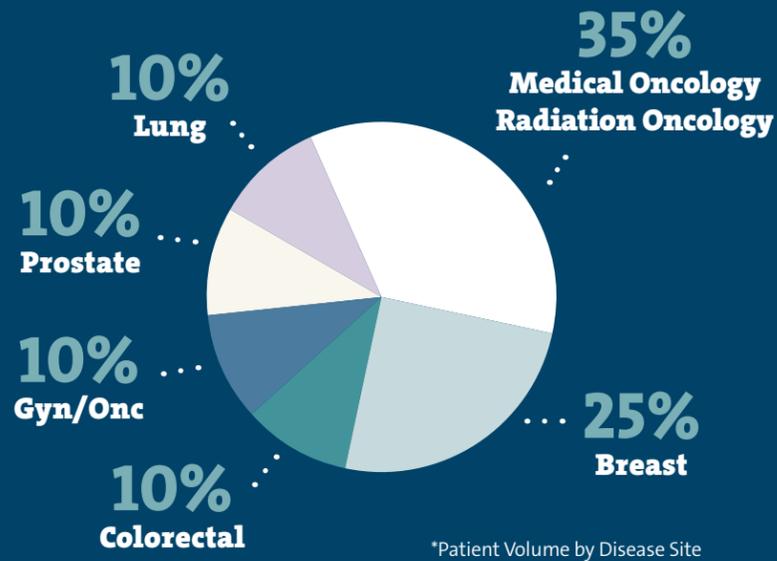
Did you know?

OhioHealth is a certified member of MD Anderson Cancer Network®, a program of MD Anderson Cancer Center.

OhioHealth has nearly 80 MD Anderson Cancer Network certified physicians.

8 care sites are certified by MD Anderson Cancer Network:

- + This means we follow the same best practices and protocols for cancer treatment as MD Anderson Cancer Center
- + Our patients are able to access select MD Anderson clinical trials and unique treatment regimens while remaining at OhioHealth
- + Our physicians can easily consult with global experts at MD Anderson



47 counties served in Ohio



521 Screenings and other services had interpretation provided through our Latina Pink Pathways program

80,048 screenings + 14,090 diagnostics = 94,138 mammograms



We manage 6,000+ individual patients' cancer care yearly

OhioHealth Foundation provides:

- Transportation to appointments
- Cancer Screenings for the uninsured
- Wigs, camisoles, Cold Caps and prostheses

The People Behind The OhioHealth Foundation

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Thank you!

Our 30,000 associates, physicians, board members and volunteers thank you for supporting our mission to improve the health of those we serve.

Your generosity provided more than \$20 million in charitable donations to the OhioHealth Foundation in fiscal year 2019.

Philanthropic gifts like yours help us bring the exceptional healthcare of OhioHealth closer to home in the communities we serve.



You can make a difference

We rely on charitable gifts to carry out our mission. Here are just a few ways you can help:

Donate Online

OhioHealth.com/Foundation

Mail Your Donation

The OhioHealth Foundation
3430 OhioHealth Parkway
Columbus, OH 43214

Leverage Matching Gifts

Your company may match your gift! Contact your company's Human Resources department to learn if they match charitable contributions.

Planned Giving

Explore the benefits of charitable gift planning. Contact us today for more details at (614) 544.4483 or visit OhioHealthLegacy.org

Gifts of Gratitude

Grateful Hearts Changing Lives

Gifts of Gratitude is published by the OhioHealth Foundation for grateful patients, family members, corporate and community partners, foundations, associates, physicians and volunteers. *Gifts of Gratitude* showcases the donors who are at the heart of giving and how they make a meaningful impact on the lives of others through the OhioHealth Foundation.

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